



BEING GRATEFUL!

DONATE!



DID YOU KNOW?

There is so much to feel grateful and happy about. Let us count some of our blessings together as a family.



TODAY'S CHALLENGE

- 🎯 What does being grateful mean to you?
Together with your family, take turns naming five things you are grateful for.
For example:
 - "I am grateful for the food you buy me every day."
 - "I am grateful for the friends and family that love me."
- 🎯 How does being grateful for those things make you feel about your life?



BEING GRATEFUL!



This activity helps kids connect with the things they value most in life and understand the concept of gratitude.