

CELP THESE 4 ANNEED









- Think about someone you know who needs help during this challenging time. A neighbour, a friend or even a relative. What do you think they need?
- Tell that person you would like to help them. Listen to what they say.
- Is it what you expected?

 How can you best help them in the way they need?

It's great to donate your money, time or things to people in need, but what if they need something different? Make sure the right people get the right kind of help.

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This activity encourages your child to think about the vulnerable people in your community and what help they might need.