



# SUPPORT EACH -OTHER! -

**EARN!**






**DID YOU  
KNOW?**

**Everyone has problems,  
even Mum or Dad!  
See if you can help them out!**



## **TODAY'S CHALLENGE**

-  Your Mum or Dad might be working from home more than usual at the moment and it could be quite stressful.
-  Ask them about the difficulties they are facing and have a conversation about how you could help them.
-  You may have thought of something they haven't!



# SUPPORT EACH -OTHER! -



Share some of the difficulties you may be facing while working from home, to teach your child that everyone has challenges to overcome.  
Let your child surprise you with some innovative solutions!